

390 metres



10 mins

50 steps per minute



7 mins

75 steps per minute

or

Tremains Wood Local Nature Reserve

14



What is the terrain like?

The route through Tremains Wood LNR is a mixture of natural and gravel paths. They are quite uneven and in wet weather they can be slippery. The two connecting linear paths are easy to follow with a series of Robin way markers that will help you navigate your way through the trees.



Is it family-friendly?

Tremains Wood is a great place for children to explore the meandering pathways leading through the woodland. Remember to look out for the Keeper of the Woods situated along the natural path.



Are there places to sit?

There aren't any benches on this trail, but if you want to rest for a while you can use one of the fallen trees as a bench!



Do I have to walk it all at once?

No, but this is quite a short route with terrain that can be challenging depending on the weather conditions, so an adequate level of fitness and mobility is required for this walk.



Can I take my dog?

Yes, you can! This walk will help keep your dog fit too. Just remember to keep your dog on the lead and to clean up any mess it makes.



Do I need any special clothing?

It's important that you wear a comfortable pair of shoes and that you wear suitable clothing for the weather conditions.

This trail offers the type of experience you'd expect in natural woodland. Tremains Wood is one of Bridgend's Local Nature Reserves and it is home to a variety of species. Before you explore the wood, check the interpretation panel near the entrance to Tremain's School to help you identify the trees, flowers and wildlife species you'll come across during your walk.

- ● ● ● Unsurfaced path 185m
- ● ● ● Surfaced path 205m
- Keeper of the Woods



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