

Porthcawl Wilderness Lakes



Despite being in the centre of a busy seaside town, you'll feel as though you've been transported into the heart of the countryside when you stroll around this scenic area of Porthcawl.

With the formal paths and easy-to-follow circular route around the lakes, it's a great place to start if you're just embarking on walking to improve your health and wellbeing.

DEMENTIA
34%
lower risk

DIABETES
40%
lower risk



What is the terrain like?

The trail around Porthcawl Wilderness Lakes is flat and well maintained. It's accessible for pushchairs and wheelchairs.



Is it family-friendly?

You'll find an informal kick-about area and skate park, as well as a play area with equipment suitable for younger children. There's a child-friendly gangway which is fenced off so that children can safely watch the ducks swimming on the lakes. Both adults and children will enjoy spotting the sculptures as they follow the circular path.



Are there places to sit?

Yes! You'll find a number of benches located at the side of the circular trail, positioned to look out onto the lakes.



Do I have to walk it all at once?

No. Porthcawl Wilderness Lakes offer quite a tranquil experience, and you can choose to walk the whole circular route or identify a bench to aim for and retrace your steps.

Download
this map



Can I take my dog?

Yes, you can! This walk will help keep your dog fit too. Just remember to keep your dog on the lead and to clean up any mess it makes.



Do I need any special clothing?

It's important that you wear a comfortable pair of shoes and that you wear suitable clothing for the weather conditions.