

Bridgend Walk No 1

(Newbridge Fields)
Approx 45-60 minutes to walk.

Level of walk **2** Easy - some uphill sections and uneven surfaces

There is a pay and display car park at the Recreation Centre at the start of this walk.



1

Join the Broadlands cycle track as it leaves Parc Court Road next to the athletics track.



2

Follow the cycle track as it goes up hill and curves round towards the houses.

Love2Walk



5

When you reach the end of the woodland path bear right to rejoin the path running behind the garden fences of the houses.



4

Stay on the main path keeping the river down the slope to your left.



3

When you reach the entrance to the wooded area on your left take the unsurfaced path into the woods.



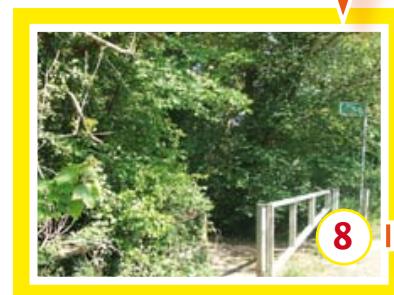
6

Continue on this path until you reach a gate leading to a more open area. There is a pylon to the left. Head to the gate on the left.



7

Once through the gate turn right and then left on the cycle track next to the A48 for a short distance.



8

Turn left at the footpath sign and keeping the river on your left head back towards Newbridge Fields.

Keep the river on your left walk down the edge of the field, at the opposite end of the field and over the bridge.

Follow the path straight ahead and keep to the left of the athletics track to return to your start point.



10



9

Follow the footpath straight on and through the hedgeline, you are now at the top of Newbridge Fields.

Want to find out more about walking to keep fit or just to make friends? To find out about Bridgend Love2walk visit: www.love2walk.co.uk

Do you know of any short walks near you? Would you like to share them with other people? Let us know your walk could be made into a leaflet. Sarah.harris@bridgend.gov.uk

RESPECT – PROTECT – ENJOY

- Be safe, plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people

Follow the Countryside Code wherever you go, You will get the best out of the countryside and help maintain it now and for the future.